

Sacred Heart School K-12 Quarantine Guidelines

14-Day Quarantine: A 14-Day Quarantine will be required of students and staff should someone in your household test positive for COVID-19. This is currently the guideline we have been following and is still recommended as the best practice for slowing of spread of COVID-19.

14-Day Quarantine - the safest option.



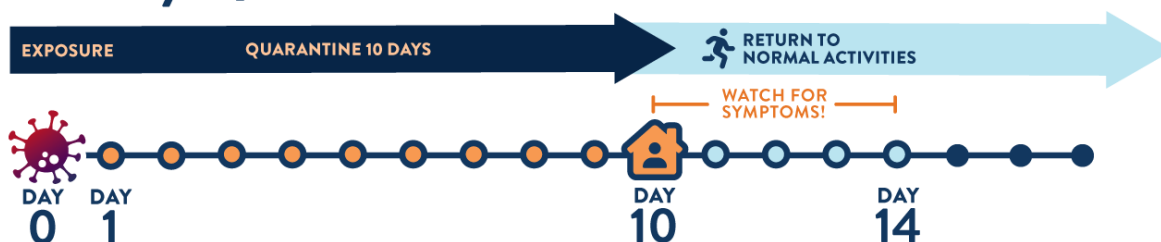
10-Day Quarantine: A 10-Day Quarantine will be considered for students and staff who are deemed a close contact in a school or social setting if:

- The student/staff member does not have any symptoms.
- The student/staff member has not had a positive test for COVID-19.
- No one in the home of the student/staff member has COVID-19, and the student/staff member does not live in a building where it is hard to stay away from others and easy to spread the virus to multiple people.

Even after 10 days the student/staff member must still:

- Watch for symptoms through day 14. If any symptoms arise, stay home, separate from others, consult your health care provider, and test right away.
- Continue to wear a mask and maintain a safe distance from others (6 feet or more possible).

10-Day Quarantine



NOTE: PCR Testing (non-rapid throat, nose, saliva) should be done on or after Day 5 of quarantine unless experiencing symptoms.