



SACRED HEART SCHOOL LUNCH MENU



September

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Muffin Fruit or Juice - Milk	Cereal Cinnamon Roll Fruit or Juice - Milk	Hot Breakfast Fruit or Juice - Milk	Cereal Toast Fruit or Juice - Milk	Cereal Donut Fruit or Juice - Milk

Lunch

7	8	9	10	11
 HAPPY <i>Labor Day</i>	Chicken Nuggets Biscuit Peas & Carrots Fruit Milk	Softshell Taco Lettuce & Cheese Refried Beans Chips & Salsa Fruit Milk	Rotini w/Meat Sauce Garlic Toast Green Beans Fruit Milk	Stuffed Crust Pizza Garlic Breadstick Caesar Salad Fruit Milk
14	15	16	17	18
Chicken Strips Mashed Potatoes w/Gravy Dinner Roll Fruit Milk	Taco Salad Refried Beans Fruit Milk	Hot Ham & Cheese Carrots & Celery Sticks Fruit Milk	Chicken Alfredo Garlic Breadstick Broccoli Fruit Milk	Polly's Pizza Burger Corn Fruit Milk
21	22	23	24	25
Popcorn Chicken Buttered Noodles Vegetable Fruit Milk	Nacho Plate Lettuce & Tomato Refried Beans Fruit Milk	Deli Grinder Lettuce & Tomato Carrot Sticks Fruit Milk	Italian Dunkers w/Marinara Sauce Corn Fruit Milk	Personal Pan Pizza Spinach Salad Fruit Milk
28	29	30	1	2
Krispy Chicken Wrap Lettuce & Tomato Fruit Milk	Taco in a Bag Lettuce & Cheese Fruit Milk	Sloppy Joe Baked Beans Fruit Milk	Chicken Alfredo Garlic Toast California Medley Fruit Milk	Hot Dog Krispy Fries Vegetable Fruit Milk

Breakfast Meal Rate

Kindergarten Free Must include 3 components
 1-6 \$2.00 7-12 \$2.20 One must be fruit
 Staff & Adult Guest \$2.50
 Extra Milk \$0.55

Lunch Meal Rate

K-6 \$3.05 7-12 \$3.25 Must include 3 components
 Staff \$4.25 Guest \$4.25 One must be fruit or veggie
 Add'l Entrée Varies Max \$2
 Extra Milk \$0.55